

## Weekly Prayer Focus

### PRAYER NOTES: SEPTEMBER 28<sup>th</sup> – OCTOBER 4<sup>th</sup>

The following are suggestions you may find helpful in reflecting and praying

Use others of your own if you wish

These reflections use the text that is the basis recent sermons.

The Passages are Luke 10:25-37 (the good Samaritan) Luke 10 38-41 (at the Home of Mary and Martha)

They are a meditation over a week on God at work through the realm of our senses.

Take time to be still, quiet, un-distracted and away from the busy-ness of life.

Perhaps you will sit or move gently, slowly, rhythmically so as not to be distracted

Maybe walk slowly in the early morning or the quiet of the evening or even swim or slowly dance

Breathe slowly and deeply in and slowly out.

Ask Jesus to guide you as you reflect upon the passage.

Then...

#### Each day from Monday to Saturday

...read one of the passages

...allow the gospel story to speak to you

...take your time - allow the words to prompt you in your being – mind, body, spirit.

...focus one of the following senses as you reflect on the passage

#### **Hearing, Seeing, Touching, Tasting, Smelling**

#### **Breathing (...not a sense, but vital to us!)**

...Reflect upon how God is at work through this sense in the world of Luke's characters.

...Reflect upon how God is at work through this sense in your world and our world today.

...Pray with your "senses wide open" as He leads you to act in this world

#### **On Sunday try something different...**

...Take time to give thanks for each of your senses and how He uses you with senses "wide open" as part of His Kingdom in this world.

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Truth & Liberation Concern

COMMUNITY NEWSLETTER

27<sup>th</sup> September 2009.

### Luke 10:38 – 42 NIV)

**As Jesus and his disciples were on their way, he came to a village where a woman named Martha opened her home to him.**

**She had a sister called Mary, who sat at the Lord's feet listening to what he said.**

**But Martha was distracted by all the preparations that had to be made. She came to him and asked, "Lord, don't you care that my sister has left me to do the work by myself? Tell her to help me!"**

**"Martha, Martha," the Lord answered, "you are worried and upset about many things, but only one thing is needed. Mary has chosen what is better, and it will not be taken away from her."**

#### **This Weeks Service**

**Leading** Lance

**Preaching** Jim Stallard

#### **Next Week**

**Leading** Donna

**Sound** Greg A

**Vision** Brian G

#### **MARK YOUR DIARIES**

**School holiday office hours**

**Closed Wednesdays 23<sup>rd</sup> & 30<sup>th</sup>**

**& Thursdays 24<sup>th</sup> & 1<sup>st</sup> Oct**

Open 9.30-4.30 all other days.

Fridays 9.30- 1.30

**October 25<sup>th</sup> Community Concert featuring**

**Out of the Ashes Choir 2pm at TLC**

## PROGRAMS and GROUPS

SUPPORT FAIR TRADE TLC chooses to support the FAIR TRADE industry.

This does mean an increase cost for tea and coffee supplies. The cost is significantly more than standard supermarket prices.

TLC wants to support Fair Trade however to continue operating this way we ask you to contribute regularly to tea and coffee donations on Sunday and any other time you have a cuppa.

Thank you for your support TLC Office

**Community Concert Sunday 2 pm October 25<sup>th</sup> here at TLC.  
Featuring: Out of Ashes Choir and TLC band**

We are looking for someone to cater for the afternoon tea eg: Scones, tea and coffee. \$100 donation to TLC for the effort.

If you would like to assist in any other way contact Sue at the office

This concert is open to all local Bayswater community. Supported by TLC and Community Renewal

**COMMUNITY KITCHEN – desperately looking for a child minding person**

We are looking for a volunteer to care for small children during  
**Term 4, starting on 7th October**

**The role is for 2-2 1/2 hours each Wednesday.**

Usually there are 2-3 children at most and both the carer and the children join everyone for lunch at 12 noon. Could this be you?

If you'd like to know more - perhaps chat to Isabel and/or give Robyn from Community Renewal a call 9294 5737 or 0419 334 032.

Pop into the kitchen to check us out on Wednesdays from 10.30am.

With thanks - Robyn.

**TLC Kitchen Update:** We have a need for a representative who has Food Safety Supervisor Credentials. Is this you? Are you interested in obtaining this qualification? Anyone who has Level 1 training can go on and complete this. Fees will be covered by TLC.

Note: To run our TLC Kitchen we need to have a representative before the council. This is not a huge job!

Please contact Sue in the office for more information.

## INFORMATION and UPDATES

There will be no lunch today or next Sunday –  
You are welcome to stay for a cuppa but please wash your dishes and keep the coffee shop clean and tidy. Thank you TLC office

**SAMARITANS PURSE – Christmas Shoe Box**

If you would like to participate in the giving of a Christmas Shoe Box to a young child, brochures will be available in the foyer today. This will give you an overview of what to include in your box.

Start gathering gift now. You may use your own shoebox or collect a box from TLC today (boxes cost .50c)

Please consider that for many children all over the world this will be the only gift they receive.

Completed boxes must be returned to TLC by Sunday October 11<sup>th</sup>.

For more info see: Denise Neilsen ph: 9726 7904

**Food bank needs**

Toilet rolls, Toothbrushes, Toothpaste and Rice,

Food Bank stall

Excess goods available for sale – buy goods and support the food bank

**Picnic at Hanging rock – a ready steady cook competition at hanging rock- another Monkami extravaganza!**

When? Tuesday October 20<sup>th</sup> 1.30 and 7.15pm shows

Where? at the Karralyka centre Mines Rd Ringwood.

Bookings essential Monkami Centre Phone 9725 8677

Cost: Gold coin entry

**CLEANING GROUPS**

October 3<sup>rd</sup> Kelly    October 17<sup>th</sup> Moulton

**TLC KITCHEN NEEDS**

Ice-cream containers/Take away Containers for Kitchen